

2011 BC Athletics JD Pentathlon Championship

Saturday June 25, 2011

Bear Creek Park Surrey, B.C.

Hosted and Organized by: The South Fraser Track & Field Club

Sanctioned By: BC Athletics

Entry Fees: \$20 for the Pentathlon

Late Fees: \$40 for the Pentathlon

Deadline for Entries: Friday, June 17, 2011

All entries received later than Friday, June 17, 2011 or Phone Entries,
will be considered late entries and will be charged \$40.

No Day of meet entries

Mail Entries to: Shirley Young, 17486 58A Avenue Surrey BC V3S 1M8
Entries may be emailed (complete with Y.O.B./ Gender) to chedro@telus.net
If the entry is emailed, numbers will not be issued until the entry fee is paid

Number Pick up: Starts at 10:00am at the **white tent next to concession.**

Packages must be paid for and picked up before any athlete can participate in an event,
therefore a club representative must be assigned to pick up the numbers and pay for the entries.

A concession: will be open during the meet.

Spike Size: 7mm for track events:

Equipment: All other equipment and implements will be provided at the meet.

Electronic timing: will be used for all running events.

Check In: Athletes **must check in at event area** 15 minutes prior to the start of the 1st event,
and will travel in their respective group.

Directions: Exit 50 on Hwy 1; go along 160th, Turn right on 88th Ave. The entry to the park is on the left before King
George Blvd.

Rules: IAAF Rules will apply and BCA JD Rules (where applicable) will take precedent.

Starts: 1 false start will be allowed per race, warning issued to the field, 2nd false starting athlete will be disqualified, and
so on.

Age Group by Y.O.B.

Born 1997/1996 = 14 & 15 years old

Born 2000 = 11 years old

Born 1998 = 13 years old

Born 2001 = 10 years old

Born 1999 = 12 years old

Born 2002 = 9 years old

Volunteering: Each club with 5+ athletes is responsible for volunteering at one event for the day. An unattached athlete is responsible for 4h of volunteering at an event. Please contact Beata Piaseczny (beata_p@telus.net) for more information.

START TIMES SCHEDULE

1000M 800M 800M 800M 800M 800M 600M 600M 600M 600M

| Age | <u>B14&15</u> | <u>G14&15</u> | <u>B13</u> | <u>G13</u> | <u>B12</u> | <u>G12</u> | <u>B11</u> | <u>G11</u> | <u>B10/G10</u> | <u>B9/G9</u> |
|-----------------|-------------------------|-------------------|------------|------------|------------|------------|------------|------------|----------------|----------------|
| Category | <u>M97/96</u> | <u>F97/96</u> | <u>M98</u> | <u>F98</u> | <u>M99</u> | <u>F99</u> | <u>M00</u> | <u>F00</u> | <u>M01/F01</u> | <u>M02/F02</u> |
| 10:45 AM | Opening Ceremony | | | | | | | | | |
| 11:00 AM | 100m H | 80m H | | | HJ#1 | HJ#2 | SP | | LJ #1 | LJ #2 |
| 11:15 AM | | | 80m H | 80m H | | | | | | |
| 11:30 AM | | | | | | | | 60m H | | |
| 11:45 AM | SP | | LJ #1 | LJ #2 | | | 60m H | | | |
| 12:00 PM | | | | | | | | | | 60m H |
| 12:15 PM | | SP | | | | | | | 60m H | |
| 12:30 PM | | | | | | 80m H | HJ#1 | HJ #2 | | HJ #3 |
| 12:45 PM | | | SP | | 80m H | LJ #2 | | | | |
| 1:00 PM | | | | | LJ #1 | | | | | |
| 1:15 PM | | | | SP | | | | | | |
| 1:30 PM | | LJ #2 | | | | | | | | |
| 1:45 PM | LJ #1 | | | | | | | | | |
| 2:00 PM | | | | HJ #2 | | | | | HJ #3 | SP |
| 2:15 PM | | | HJ #1 | | | | | | | |
| 2:30 PM | | | | | | | LJ #1 | LJ #2 | | |
| 2:45 PM | | | | | SP | | | | | |
| 3:00 PM | HJ #2 | | | | | | | | | |
| 3:15 PM | | HJ #1 | | | | | | | | |
| 3:30 PM | | | | | | SP | | | | |
| 3:45 PM | | | | | | | | | | |
| 4:00 PM | | | | | | | | | SP | |
| 4:15 PM | 1000m | | 800m | | | | 600m | | | 600m |
| 4:30 PM | | | | | | | | | | |
| 4:45 PM | | 800m | | | | | | SP | | |
| 5:00 PM | | | | 800m | 800m | | | | | |
| 5:15 PM | | | | | | 800m | | | 600m | |
| 5:30 PM | | | | | | | | 600m | | |

Note: This schedule is preliminary and will be finalized after entry deadline.

